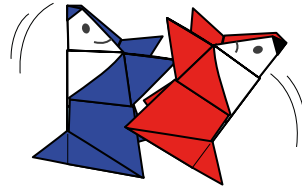


折り紙力士の折り方とトントン相撲の遊び方

Make an Origami *Rikishi* and Play *Tonton* Sumo

Create your own paper sumo wrestler and take part in a game of *Tonton* Sumo, a fun, miniature version of one of Japan's national sports. Place two *rikishi* (wrestlers) on a ring and tap the surface to make them move – the first to push the other out wins.

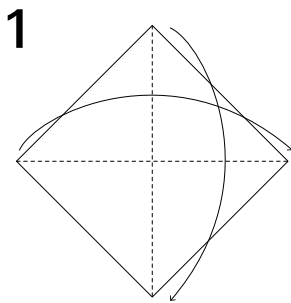


About sumo

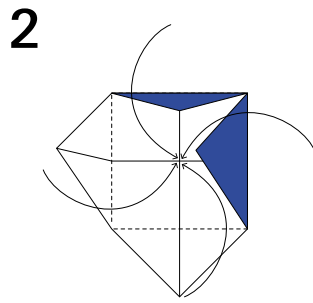
In sumo, two *rikishi* compete in a clay ring called a *dohyō*, with a *gyōji*, or referee, overseeing the match. The goal is to push the opponent out of the ring or make them touch the ground with anything other than their feet.

With origins dating back more than 1,500 years, the sport features many ceremonies and rituals rooted in the Shintō religion. Today, Grand Sumo Tournaments, known as *basho*, are held six times a year in Japan, each lasting for 15 days.

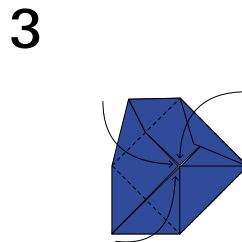
Make an origami *rikishi*



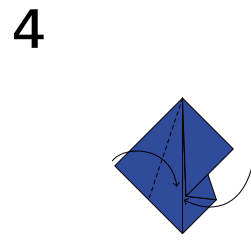
Start with the coloured side facing down. Fold the paper in half corner to corner, then unfold. Fold corner to corner again in the other direction and unfold.



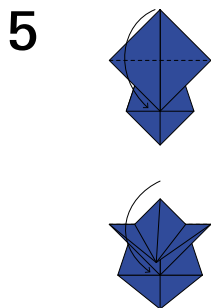
Fold each corner inwards to meet the centre.



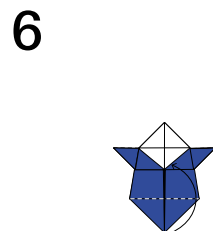
Repeat: fold all four corners to the centre again. Flip the paper over to the other side.



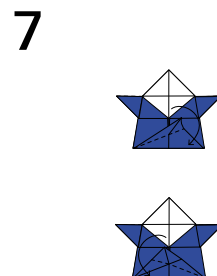
Fold the right edge in to meet the centre crease, allowing the flap underneath to pop up. Repeat on the opposite side.



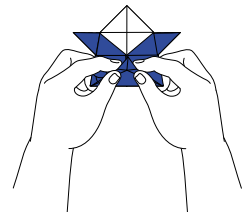
Fold the top corner down along the dotted line, allowing the flap underneath to pop up. This is the *rikishi*'s head. Flip over.



Fold the bottom triangle upwards along the dotted line.

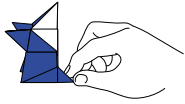


Fold one edge of the triangle alongside the bottom edge and unfold to make a crease. Repeat for the opposite edge.



Pinch the tip of the triangle, creating a 'tail'.

8



Fold the model in half, making sure the 'tail' sticks out.

9



Fold the tip of the head back to give the appearance of the *rikishi*'s distinctive *mage* (topknot).

10



Optional: Add your own touch by drawing eyes or other features on your *rikishi*.

Make the *dohyō* (ring) for *Tonton Sumo*

1 Carefully cut out the *dohyō* (ring) template on page three along the dotted lines.

2 Find a box lid to use as the base of your ring.

3 Stick the template onto the lid using glue or tape. This will be your *dohyō*.

How to play *Tonton Sumo*

The game can be played with two or three people. If there are three, the third player can act as the referee or *gyōji*.

During bouts, the *gyōji* shouts different phrases to encourage the wrestlers. '*Hakki-yoi!*' ('Put some spirit in it!') urges the wrestlers to continue fighting, and '*Nokotta!*' ('Still in!'), indicates that the fight is not over yet.

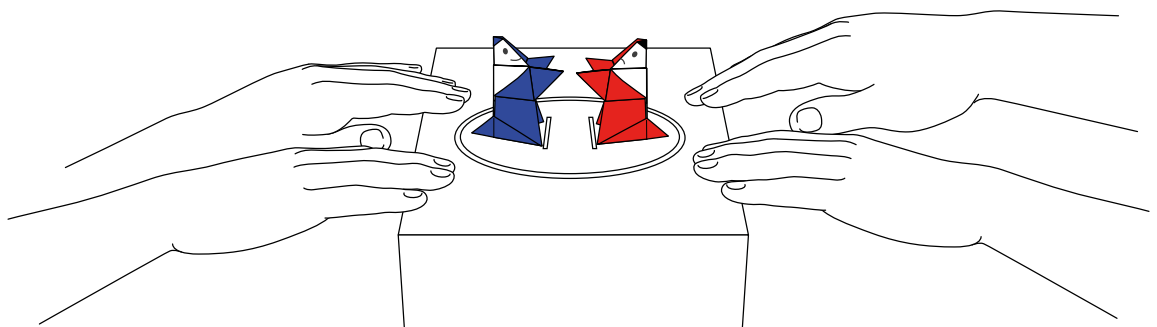
1 Each player places their *rikishi* behind one of the lines inside the ring.

2 To start the match, the *gyōji* (or one of the players) calls out '*Hakki-yoi! Nokotta!*' ('Put some spirit in it! Still in!') to cheer on the wrestlers.

3 Each player uses one or two fingers, or their whole hand, to tap the surface of the ring, producing a '*tonton*' sound. Tap near your *rikishi* to make it move and bump into your opponent.

4 Throughout the match, the *gyōji* (or one of the players) keeps shouting '*Hakki-yoi!*' and '*Nokotta!*' to cheer on the *rikishi* and remind them to stay in the ring until the match ends.

5 The first *rikishi* to fall over or step outside the circle loses.



Dohyō (ring) template

Cut out the template along the dotted lines and glue it onto a sturdy box lid to make your *dohyō*.

